## Courageous Training Cheat Sheet

Easy structure:	Planning:
<ol> <li>Lasy structure:         <ol> <li>Start with a story to engage them</li> <li>Agenda / What we will cover today</li> <li>Background / introduction – be a human!</li> <li>About Lawyers / privilege – make it a safe space for them to ask dumb questions or "hypotheticals"</li> <li>Explain why this matters / care factor</li> <li>Introduce the one thing they need to take away – your soundbite / slogan</li> <li>[Insert your brilliant &amp; engaging content here. Stories! Diagrams! Activities!]</li> <li>Summarise &amp; repeat what matters</li> <li>Give them a tool / take away</li> </ol> </li> </ol>	<ul> <li>Make this part of your formal work plan / KPI, so you have permission to invest in it.</li> <li>Work out the real issues for your business.</li> <li>Get an external firm to train your legal team first.</li> <li>Plan it &amp; draft it, and then Check yourself.</li> <li>Do a practice run on your legal team (or trusted other teams - compliance, finance).</li> <li>Practice / rehearse / train &amp; time yourself.</li> <li>Book the room (30 mins before, 30 mins after). Aim for mornings with coffees or Learn at Lunch.</li> <li>Book IT to be on stand-by.</li> <li>[If you can: do a full (or summarised) session with the leadership, to get their buy-in]</li> <li>Send a teaser email / item in newsletter.</li> <li>Send out the invitation – from their leadership. [And prompt them if you don't get RSVPs]</li> <li>Send attendees a reminder the day before.</li> </ul>
<ul> <li>Check yourself:</li> <li>Learning pyramid: listening &lt; reading &lt; audio visual &lt; demonstration &lt; discussion &lt; practice / doing &lt; teaching others.</li> <li>Am I reciting a case or <i>telling a story</i>?</li> </ul>	<ul> <li>On the day:</li> <li>Set up your slides, have IT troubleshoot it.</li> <li>Design the room to suit you – remove desks if they will be a barrier.</li> <li>Remember the clicker.</li> <li>Play your get pumped music (&amp; have it playing as</li> </ul>
<ul> <li>Stories &gt; lists; &amp; diagrams &gt; words.</li> <li>Can I "show" it, rather than "tell" it?</li> <li>What will the attendees feel? (Confident? Stupid? Afraid of me? Bored?)</li> <li>What do I need them to know – everything</li> </ul>	<ul> <li>attendees enter to give the room high energy).</li> <li>Power pose.</li> <li>Have sign in sheets ready at the door.</li> <li>Ask them to put away phones / laptops.</li> <li>Start your phone recording you.</li> </ul>
<ul> <li>about the law, or enough to know that they need to talk to me if they spot an issue?</li> <li>What's my soundbite / CEO elevator pitch?</li> <li>Is there a call to action / tool they can use?</li> <li>What's the souvenir / take away?</li> <li>What's the engagement activity, &amp; how will I re-start their attention span? <ul> <li>Attendees reading out slides</li> <li>Role play, work in pairs / groups</li> <li>Quiz or voting – eg Kahoot (w prizes!)</li> </ul> </li> <li>Are my examples RELEVANT to them?</li> <li>Can I make long sentences shorter?</li> <li>Can I swap Legalese for simpler?</li> <li>Am I speaking their language?</li> <li>Can I convert this into Online Training to complement /reinforce face-to-face?</li> <li>Can I measure compliance improvement before &amp; after training (ie fewer incidents?)</li> </ul>	<ul> <li>Go!</li> <li>Do it – you're amazing! Have fun &amp; be passionate about it: you're improving yourself, &amp; everyone in the room &amp; making your future job easier. Prevention is better than cure.</li> <li>Acknowledge the Law is sometimes hard, inconvenient, &amp; can feel stupid &amp; wrong, but give them context about why it is what it is.</li> <li>Show them empathy when they express frustration – but reassure them, because you're giving them tools to be safe in their jobs.</li> <li>Give them their take away.</li> <li>Send out a follow up email with the key slides, &amp; a short feedback survey – this goes in your performance review &amp; your data demonstrating your value add. Eg - In your survey ask how confident they feel in dealing with the issue.</li> <li>Continuous improvement – watch your recording &amp; read their feedback. Reflect on a better way to say something (shorter, simpler, more relevant).</li> </ul>